

THE BREATHER™

ONE DEVICE – MANY THERAPIES



CLEANING THE BREATHER

CLEANING STEPS

1. Separate **Breather** from mouthpiece
2. Wash in warm water with mild dishwashing soap
3. Rinse well, **thoroughly** shake off excess water, towel dry out surfaces, then air dry
4. Store in non humid location

Easier Option: See Cleaning Videos:

www.TheBreather.com/Cleaning



IMPORTANT TIPS

- Your **Breather** will be exposed to saliva during use; try to clean it on a daily basis.
- The blue dial diaphragms may stick from moisture build up after cleaning or after use. Set both dials to 1, then inhale and exhale sharply to release the moisture seal.
- Do not put **The Breather** in the dishwasher! High heat cycle may effect the blue dial diaphragms.



HOW TO DEEP CLEAN BREATHER

- Place in 1 part vinegar, 3 parts warm water
- Let soak for 5 minutes (no more than 15 minutes!)
- Rinse and air dry **as recommended above**
- Store in non humid location



TROUBLESHOOTING: The exhale diaphragm is stuck. I can't blow out properly!

Occasionally, the exhale dial can feel blocked. This is most often caused either by a build-up of debris on the inside of the rubber diaphragm, or a moisture seal between the inside of the dial and the rubber diaphragm.

- Place in 1 part vinegar, 3 parts warm water
- Let soak for 5 minutes (no more than 15 minutes!)
- Rinse and dry outward surfaces with a towel
- Knock both dials against your hand 3-5 times to help dislodge moisture (see photo above)
- Set both dials to 1 and sharply inhale and exhale to release possible moisture seal
- Air dry and store in a non humid location



**** Please note that The Breather is a Single Patient Use device, and all cleaning recommendations assume that The Breather is being used by a single individual. ****